

Mother Dieted Before Pregnant*

2011 Maine Pregnancy Risk Assessment Monitoring System Survey Results

Demographic Groups		No		Yes	
	Population	%	CI	%	CI
Total	12,696	66.9	63.5 - 70.2	33.1	29.8 - 36.5
Age					
<20 years	868	78.8	64.2 - 88.5	#	# - #
20-24 years	3,112	67.5	60.0 - 74.1	32.6	25.9 - 40.1
25-34 years	7,025	65.5	60.9 - 69.8	34.6	30.2 - 39.1
35+ years	1,691	66.0	56.6 - 74.3	34.0	25.8 - 43.4
Mother's Race					
White	11,943	66.4	62.9 - 69.7	33.6	30.3 - 37.1
Black	404	#	# - #	#	# - #
Other	330	86.4	67.4 - 95.2	0.0	0.0 - 0.0
Hispanic Origin					
No	12,474^	66.7	63.2 - 70.0	33.3	30.0 - 36.8
Yes	207^	#	# - #	#	# - #
Education					
< High School	1,304	79.3	65.3 - 88.6	#	# - #
High School	4,094	68.7	62.5 - 74.2	31.3	25.8 - 37.5
> High School	7,251	63.7	59.3 - 67.9	36.3	32.1 - 40.7
Marital Status					
Married	7,407	64.8	60.4 - 69.0	35.2	31.0 - 39.6
Not Married	5,289	70.0	64.4 - 75.0	30.0	25.0 - 35.6
Income					
\$14,999 or less	3,122**	69.3	62.0 - 75.7	30.7	24.3 - 38.0
\$15,000-24,999	1,540**	66.9	56.9 - 75.5	33.1	24.5 - 43.1
\$25,000-49,999	2,292**	63.5	55.6 - 70.7	36.5	29.3 - 44.4
\$50,000 or more	4,084**	63.3	57.5 - 68.8	36.7	31.2 - 42.5

Enrolled in WIC						
No	6,960**	65.3	60.8 - 69.5	34.7	30.5 - 39.2	
Yes	4,966**	68.7	63.3 - 73.6	31.3	26.4 - 36.7	
Enrolled in MaineCare/Medicaid						
No	5,455**	64.0	59.0 - 68.7	36.0	31.3 - 41.0	
Yes	6,510**	69.3	64.6 - 73.7	30.7	26.3 - 34.5	
Infant's birth weight						
<2500 grams	855	72.0	68.6 - 75.1	28.1	24.9 - 31.5	
2500 grams or more	11,831	66.6	62.9 - 70.0	33.4	30.0 - 37.1	

NOTES:

Population size for groups giving birth in Maine are taken from the Maine Vital Statistics System unless otherwise noted.

Unknowns are excluded from all tabulations.

* *Survey Question 1a: During the 12 months before you got pregnant with your new baby, did you diet to lose weight?*

** Estimates of the population size for this group giving birth in Maine are made through PRAMS.

^ Estimate of Hispanic population giving birth in Maine is taken from the 2011 birth file.

There were fewer than 10 survey respondents to this question. Data may be unreliable for describing this group, therefore percent is not reported.

CI = 95% Confidence Interval

Maine Department of Health and Human Services
Office of Data, Research, and Vital Statistics